

4" —

3" —

2" —

1" —

0" —

REMINDER:

Be sure to leave shoes off when using this chart to determine your size.

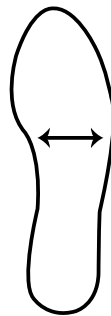
Place Heel Here

Use inches to verify printout accuracy.



Find Your Size

Align your heel with the solid line at the base of the chart. Keeping your weight on your foot, relax your toes. The line that touches your longest toe indicates your size. The shorter lines in between the numbered lines indicate half sizes. Since many people have feet of different sizes, it's important to measure both feet. You should purchase shoes in the larger of your two sizes.



Find Your Width

When measuring your right foot, align your instep with the dotted line on the left side of the chart. If the outside of your right foot reaches the gray area on the right, consider a wide width. Repeat with your left foot; align your instep with the dotted line on the right side of the chart. If the outside of your foot reaches the gray area on the left, consider a wide width.